

## Directions After Local Anesthetic With Sleepy Tongue & Cheek

- With a numb tongue, there is always the possibility of chewing cheek or tongue without realizing.
- We will often place a cotton roll to go home and give extra ones. It will be necessary to keep your eyes on your child for at least two hours or more until numbness is gone.
- Please do not give child anything that needs chewed during this time. A milkshake or frosty would be fine.
- If the tongue or cheek accidentally does get chewed it will bleed initially followed by swelling. Over time as it heals, usually three to four days, swelling will subside and tissue will appear white. White does not indicate infection, but is a normal part of the healing process.
- To prevent infection-keep clean. You can use warm salt water or diluted Listerine applied with a Q-tip. You may also give Advil, Motrin, or ibuprofen if needed.
- After three days if pain and swelling still exist, please call our office:

Pediatric Dentistry (419) 522-5437